

KICK OFF TO SUMMER!

A **SUPER** Evening for Grieving Families

Please join us for our 3rd annual Summer Kick Off event for families who are grieving the death of a friend or family member. Kids and teens of all ages are welcome to participate in an evening of fun with hands-on activities and various stations.

WHAT YOU CAN EXPECT:

Activities will be stationed throughout the grounds in a fun atmosphere with lots to do! Families will learn how to identify and express feelings in healthy ways, work on art projects to honor and remember their special people, register for summer grief programs, visit with our therapy dogs, check out cars from Capital City Corvette Club, have fun with our photo booth and so much more!

DATE: Thursday June 5, 2025

TIME: 5:30-7:30pm

LOCATION: Kobacker House | 800 McConnell Drive, Columbus, OH 43214
Outdoors behind Kobacker House - Rain or Shine!

FOOD: Snacks will be available onsite

This is a FREE event!

NO REGISTRATION NECESSARY!

To receive updates about this event or be included on a reminder list, please email Cindy.Fielding@ohiohealth.com or call 614-566-0706

Child and adolescent grief programming is supported by the generosity of our community, including the OhioHealth Foundation, The Thomas and Ann DiMarco Family Foundation, The Marion Foundation and The Patricia A. DiNunzio Ovarian Cancer Fund. There are currently no costs associated with services.





A STEPPING STONES GRIEF PROGRAM

Equine Therapy

The licensed professionals of OhioHealth Community Grief are excited to partner with PBJ Connections this summer to offer an equine therapy grief workshop. Registration is required!

Week-Long Workshop

PBJ Connections will have trained staff facilitate the week-long series using The EAGALA Model* alongside our licensed grief professionals. This unique partnership will give participants the opportunity to discuss and process various aspects of grief.

Through hands-on activities and discussion, these unique sessions will help grieving children:

- Understand typical responses to grief and loss
- Learn healthy ways to express, navigate, and cope with their feelings and reactions
- Have opportunities to share memories and honor the lives of their loved ones

DATE: Monday, June 16, 2025 through Friday, June 20, 2025

TIME: 9:30-11:30am

LOCATION: PBJ Connections – Galena (2616 S Three B's & K Rd., Galena 43021)

PARTICIPANTS: Children ages 8-14 who are grieving the death of someone in their lives

REGISTRATION INFORMATION: \$20 registration fee per household

To register, call (614) 566-1728 or email youthgrief@ohiohealth.com

Registration deadline: Monday, June 9, 2025

Space is limited!

Participants should dress for the weather and close toed shoes are required.

Please note guardians/caregivers are encouraged to remain on-site during these 2-hour sessions.

**The EAGALA Model is the global standard for equine-assisted psychotherapy and personal development, which incorporates horses' unique intuition to help clients heal, discover, learn, and grow from the horse-human relationship. Participants work with horses in a non-riding setting that helps them build skills and supports their mental health goals in a group environment.*

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A STEPPING STONES GRIEF PROGRAM

Children and Teens

Grief Summer Workshops

The licensed professionals of OhioHealth Community Grief are excited to offer the following grief support programs this summer! Sessions noted below are offered at no cost!

Registration is required - call 614-566-1728 or email youthgrief@ohiohealth.com.

4-Session Series

Counselors will utilize discussions, hands-on activities and expressive outlets to help grieving children and teens:

- Understand typical responses to grief and loss
- Learn healthy ways to express, navigate, and cope with their feelings and reactions
- Have opportunities to share memories and honor the lives of their person who died

Elementary School Kids (Entering grades 1st-5th)

Mon June 23 – Thurs June 26 from 9:30-11:30am

Mon July 14 – Thurs July 17 from 2-4pm

Middle School Kids (Entering grades 6th-8th)

Mon June 23 – Thurs June 26 from 9:30-11:30am

Mon July 14 – Thurs July 17 from 2-4pm

***Registration deadline for June sessions: Wed June 18, 2025**

***Registration deadline for July sessions: Wed July 9, 2025**

6-Session Teen Series

Designed for teens entering grades 9th- 12th

Mondays and Wednesdays from June 16th – July 2nd
from 1-3pm

This group will support teens in navigating their feelings and responses to grief while gaining independence and tackling new life challenges.

***Registration deadline: Wed June 11, 2025**

Monthly Stepping Stones Group

Join our licensed staff on the 4th Sunday of every month at 4pm for hand-on activities that allow youth to express and process their grief among peers. Caregivers are invited to stay onsite for supportive group discussion as well.


Individual Summer Support

We also offer individual grief counseling to children and teens. For more information or to request individual grief counseling during summer break, call 614-566-1728 or email youthgrief@ohiohealth.com

These summer programs will be held at Kobacker House located at 800 McConnell Drive, Columbus, Ohio 43214

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A STEPPING STONES GRIEF PROGRAM

Children and Teens

Summer Grief Workshops

The licensed grief professionals of OhioHealth Community Grief are excited to offer the following grief support programs this summer!

Marion/Delaware Family Workshop

Grief Connections

Wednesday June 25th from 5:30-7:00pm

***Registration deadline: Wednesday June 18, 2025**

LOCATION:

Marion Family YMCA

645 Barks Road East – Marion, OH 43302

Kids ages 5-15 will have the opportunity to learn more about grief, connect with peers who have experienced loss, and make a special project.

Adult caregivers are invited to stay and participate in a supportive group led by an adult bereavement counselor. This time will be set aside for learning about grief, sharing experiences and learning strategies and tools to cope and heal.

Registration required – call Kelly Brooks at 614-309-3710 or email kelly.brooks@ohiohealth.com

Individual Summer Support

For children and teens in Marion County who would like individual grief counseling during summer break, contact Kelly Brooks at (614) 309-3710 or kelly.brooks@ohiohealth.com

For children and teens in Delaware County who would like individual grief counseling during summer break, contact Grace Whistle at 614-309-7170 or grace.whistle@ohiohealth.com

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A STEPPING STONES GRIEF PROGRAM

Pickaway Workshop

Join Us!

Families in Pickaway County are invited to participate in a summer grief workshop sponsored by OhioHealth Community Grief.

Lighting candles is a traditional part of many family celebrations and customs. Participants will create a memory lantern in honor of someone who has died.

DATE: Wednesday June 25, 2025

TIME: 5:30-7:00pm

LOCATION: Inspiration Station
1170 N. Court St. Circleville

PARTICIPANTS: Kids ages 6-17, along with their parents/caregivers, who are grieving the death of someone in their lives

REGISTRATION REQUIRED: Please call (380) 867-3671 or email ashley.douglas@ohiohealth.com

Registration deadline: Monday June 23, 2025

Individual Summer Support

For children and teens in Pickaway County who would like individual grief counseling during summer break, contact Ashley Douglas at (380) 867-3671 or email ashley.douglas@ohiohealth.com

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A STEPPING STONES GRIEF PROGRAM

Athens 5 Senses Workshop

Join Us!

Families in Athens County are invited to participate in a summer grief workshop sponsored by OhioHealth Community Grief.

Participants will utilize their five senses to create a personalized and supportive coping tool kit to manage grief feelings during challenging times.

DATE: Thursday June 26, 2025

TIME: 5-6:30pm

LOCATION: Dairy Lane Shelter House
8493 Dairy Lane - Athens, OH 45701

PARTICIPANTS: Kids ages 6-17, along with their parents/caregivers, who are grieving the death of someone in their lives

REGISTRATION REQUIRED: Please call (380) 234-9077 or email nicole.crump@ohiohealth.com

Registration deadline: Monday June 23, 2025

Individual Summer Support

For children and teens in the Athens area who would like individual grief counseling during summer break, contact Nicole Crump at (380) 234-9077 or nicole.crump@ohiohealth.com

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