



Come One, Come All – Play Pickleball

OHIOHEALTH ONTARIO HEALTH AND FITNESS CENTER

Described as a combination of tennis, ping pong and badminton, Pickleball is a paddle sport that’s fun for all ages and skill levels. Come and learn a new sport and get to know other *Pickleball* players!

Pickleball Previews

New to Pickleball? Register for a 30-minute *Pickleball Preview* session at the front desk.

Open to **new players only** this free instructional class are for the **true beginner**. The preview session will introduce the new player to the basic skills and rules of play in a non-threatening atmosphere.

“Pick Up” Play

Don’t have a partner? Join us for a session of *“Pick-Up” Pickleball*. (See schedule below.)

Open to all ability levels, players can come and go during this time block of rotational play.

Reserved Play

The North and South Courts is open for Reservations during non-scheduled court times. (See schedule below.)

30 min = \$2, 1 hour = \$4.

Payment due at the time of reservation – **No Refunds**

Non-Members must purchase a Guest Pass/Day Pass

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
“Pick Up” Play 9 AM - 11 AM			“Pick Up” Play 9 AM - 11 AM	No Reserved Play on Fridays 4:30 - 7:30 PM	No Reserve Play on South Court
No Reserve Play 4:30 - 8:30 PM	“Pick Up” Play 4 - 7 PM				

* *South Court will not be open for reserve after 3 PM.*

Pickleball Skills & Drills

Skills & Drills is a 4-week program designed to help participants develop the skills required to improve their game. Each class will focus on a new skill set including serving, close net volleying and more. Class format consists of 20-25 minutes of practice drills, followed by 20-25 minutes of game play with instructor guidance.

Classes are offered at various times throughout the year. Please inquire at the front desk for dates and times.

\$10 members/\$20 non-members – Space is limited – **Please pre-register at the front desk.**

Pickleball Personal Training Sessions

Hone your skills in a one-on-one or small group session with a personal trainer. (See staff for details.)

